



21-DAY DANIEL FAST

THE TRANSCENDENT FAST OF TRANSITION & TRANSFORMATION

NOVEMBER 1-21 2021

BISHOP C. SHAWN TYSON SENIOR PASTOR

The Transcendent Fast of Transition & Transformation

21 DAYS OF THANKFULNESS

PRAYER & FASTING GUIDE
MONDAY, NOVEMBER 1, 2021 –
SUNDAY, NOVEMBER 21, 2021

Theme Scripture: “And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God”. (*Romans 12:2 KJV*)

PASTORAL PERSPECTIVE

Shalom and Supernatural blessings to the (Calvary & Christ Church) Family.

By the mercy of God, we are coming now into the final two months of the year 2021.

We must pause and attribute our continuance in the land of the living to nothing more and nothing less than the grace of God! We owe Him great praise!

As we enter into the holiday season with expectations for a powerful and productive new year, we must begin NOW to prepare ourselves spiritually, mentally and physically for those things which God will both reveal to us and require of us. After nearly two years of abnormalities of all sorts, we must re-center and refocus ourselves with the Kingdom agenda and proper personal and corporate spiritual alignment. I am godly proud of the way you have “stuck together” as a church family in the midst of circumstances that caused many churches to fracture break apart and literally cease to exist. This is a tribute to our spiritual foundation upon which we stand and a tribute to your personal commitment to the kingdom and house of God. But now we must advance the process of being more intentional and insistent upon reassembling ourselves together lest we find ourselves in a state of laxity, when the church must be moving in the Spirit with high precision accuracy, relevance, and urgency.

Thus, the Holy Ghost has called the church to “*The Transcendent fast of transition and transformation*”.

I will be sharing with you about Transcendence, Transition and Transformation, the rest of this year. But this entire year end process must begin with the proper attitude. And that more specifically is an attitude of gratitude! We want to enter into Thanksgiving with transcendent worship, adoration, prayer and praise!

Certainly, we all have challenges, tests and trials, but we are making a decision to BE THANKFUL and bless His name.

Both individually and as a church we need this time of cleansing, washing, Word and worship to place us in the proper mindset for a spiritual Thanksgiving and holy holiday season.

I urge you to join me in the pursuit of God! And if you will I can assure you both a successful transition into the new year along with a transformed mind to fulfill the will of God in 2022.

Let the transformation begin!



Senior Pastor

General Purpose of Fasting

Excerpts from *How to Get the Most Out of Fasting*
by Bishop Norman L. Wagner

Fasting is one of the most enjoyable experiences a saint can encounter when it is attitudinally conceived correctly, spiritually implemented and naturally followed. I strongly urge you to actually **make a chart for your fasting**.

State your primary goal, then your secondary or natural, or a temporal goal. Remember, temporal goals are those for the present world which shall be abated when He that shall come will come and rapture us away. It is very important that during your fasting, you **pray**. **Fasting without prayer is nothing more than starving the flesh**. You must learn to pray while fasting.

During this week of consecration, we will have set times of prayer, However, I strongly urge you to try to pray not less than three times per day. First, pray in the morning; second, pray sometime in the afternoon; and finally, pray sometime in the evening. If eating three square meals per day is good for your health, then certainly praying and feeding your spirit three meals per day has to be better for your spiritual health and wellness.

The Bible is the Bread of Life. When one is fasting, he should **read the Bible more** at this time than he does any other time. Therefore, if you read the Bible ten minutes a day, when you are fasting you should read it not less than 30 minutes a day. If you read your Bible an hour per day, when you are fasting you should read it not less than three hours per day. Fasting embodies **prayer and scriptural reading**. **These are not two “nice” things to do, they are necessities**. To get the most out of your fasting, read the Word of God.

Now reading the Word of God should always be done at random. Allow the spirit of the Lord to dictate to you a course of scripture to follow in your fasting. An example, of the same would be the Sermon on The Mount. It is within the Sermon on the Mount that you will find the Beatitudes which mean the blessedness of the Lord. The Lord teaches us how a man will be blessed if he follows certain axioms. When you are fasting, this will become more real and more alive to you.

The study of the Gospel of John during the days of a fast is always edifying. It is in the study of John that you will learn the deity of Christ. It is there that you can see Christ as the Almighty God.

Reading the Book of Acts is also beneficial on a fast. Here you will see the mission of the Apostles as related to the church. There are many places both in the Old and New Testament that are inspirational in fasting. The assigned scripture reading normally will follow the purpose of the fast. Above all, make sure that you **READ THE BIBLE**.

Next, I would like to suggest to you the **memorization of a scripture** during a fast. Each day of a fast carry a scripture with you. Write it down, put it in your purse or pocket, put it in your desk at your office; put it in your car; or place it on your

refrigerator, but have a scripture that the Lord has given you that stands out above every other scripture for that day. Meditate on it throughout the fast and allow the Lord to bless your soul through the Word of the scripture. **You will find this to be an invaluable resource of strength.**

I trust that you will **walk with God and enjoy fasting**. Deny this old man so that the new man can live forever. Fast so that you can learn the mysteries of God and understand who He is and what Christianity is all about. Fast so that you can say **NO** to temptation and have no frustration or anxieties plaguing you when you know “...*all things work together for good to them that love God, to them who are called according to His purpose (Romans 8:28)*. Fast just to enjoy the Lord. The more you fast, the more disciplined you will become. The more you fast, the more you will learn to use the power that is in you and the freer God will be in you. The more you fast, the more joy you will have. The more you fast, the more power with God and man you will have. My dear Christian friend remember the words of our Lord Jesus Christ, “*This kind goeth not out but by **prayer and fasting**. (St. Matthew 17:21)*”.

It is God’s will that you triumph over the devil and every evil force, and that can be done by **FASTING!**

Before, During, and Breaking the Fast

Planning Your Fast

“Then Joshua said to the people, “Consecrate yourselves, for tomorrow the Lord will do wonders among you.” Joshua 3:5

Pray—Spend time reading the Bible before the fast. Ask the Holy Spirit for guidance in your prayers. Write down your faith goals and specific prayer requests for your family, friends, church, and nation.

Commit—Pray about the kind of fast you will undertake and commit to it ahead of time. Ask God for grace to help you follow through with your decisions.

Act—Start eating smaller portions a few days before the fast. Avoid food high in sugar and fat. Plan to limit physical and social activities for the week of the fast. Ask someone to be your prayer partner throughout the fast.

While Fasting

[Jesus] answered, “It is written, ‘Man shall not live by bread alone, but by every word that comes from the mouth of God.’” Matthew 4:4

Focus—Set aside time to work through the devotionals. Be ready to respond to God’s Word and the leading of the Holy Spirit.

Pray—Join at least one prayer meeting in your local church. Intercede for your family, church, pastors, nation, campuses, and missions throughout the week.

Replenish—During mealtime, read the Bible and pray instead. Drink plenty of water and rest as much as you can. Be ready for temporary bouts of physical weakness and mental annoyances like impatience and irritability.

Breaking the Fast

And this is the confidence that we have toward him, that if we ask anything according to his will he hears us. And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked of him. 1 John 5:14–15

Eat—Reintroduce solid food gradually. Your body will need time to adjust to a normal diet. Start with fruits, juices, and salad, then add more vegetables. Eat small portions throughout the day.

Pray—Don’t stop praying! Trust God’s faithfulness and timing. Carry your newfound passion for God throughout the year. Be in faith for God to answer your prayers.

FASTING INFORMATION

THEME SCRIPTURE: – “And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God”.
(*Romans 12:2 KJV*)

INSTRUCTIONS: The fast is a 21-day Daniel fast (***No meats, sweets, or caffeinated beverages***), beginning at Midnight Monday, November 1 continuing thru Midnight Sunday, November 21. You may eat all meals as desired; any food or drink must be in alignment for the Daniel fast.

NOTE: If you are on prescribed medications, please continue to take them as directed by your physician.

PRAYER:

- **5:00 a.m. to 5:45 a.m. Monday – Friday** Devotion & Prayer on Christ Church Apostolic OR Mt. Calvary Pentecostal Church Facebook Live or call the **Prayer Line (917) 900-1022 Access Code: 8923928.**
- **12 pm to 1 pm Monday – Wednesday** via Zoom
Meeting ID: 98417292204 Passcode: 2Uwxba
Or Call: (312) 626.6799 **Meeting ID: 98417292204 Passcode: 422990**
- **CCA In-person Prayer: 12 pm – 1 pm Monday, Wednesday, Friday**
- **Calvary In person prayer: 12 pm – 1 pm Thursday & Friday, Thursday 6 pm.**

TEACHING:

- **11 am – 12 pm Tuesday & Thursday** Mid-Day Manna Shawn Tyson Facebook Live or Calvary Ministries International Youtube channel.
- **CCA bible Class: Wednesday Noon (in-person only) & 7 pm (in-person & online)**
- **CMI bible Class: Tuesday Noon & 7 pm (online only)**

PLEASE NOTE: We are limiting all social interaction & dialogue; meaning we are abstaining from all unnecessary conversations, phone calls, social media, texting, tweeting, etc. (we're concentrating on spending focused time with God) for the entire 21-day period of consecration before the Lord

- Check & return all pertinent business-related messages
- Watch the news so you may know how to pray – you may watch religious programming

We encourage you to avail yourself to God in this special time of consecration. Make a special effort to press your way into the presence of God each day thru prayer and teaching.

APOSTOLIC LIFESTYLE

The Apostolic lifestyle of holiness embodies the practice of confession which is clearly outlined in both the Old & New Testaments. Consider the following scriptures:

“And it shall be, when he shall be guilty in one of these things, that he shall confess that he hath sinned in that thing:” (Leviticus 5:5)

“If we confess our sins he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.” (1 John 1:9)

You are urged to utilize this personal time of reflection as a time to cleanse your spirit from any weight and sin which does so easily beset (Hebrews 12:1).

For prayer via email or by phone:

Calvary- Prayer@Calvary4u.org (330)747-4445.

Christ Church - ccaindy1@gmail.com (317) 255-8761

PERSONAL PRAYER PERSPECTIVE

"I am believing God for..."

Personal Faith Goals

Spiritual Revival • Physical Healing • Prosperity and Abundance • Rich Generosity

Family

Restoration of Relationships • Household Salvation

Education/Career

Excellence • Promotion

Ministry

Deliverance • Development • Deployment • Evangelism • Discipleship • Commitment

***"If two of you agree on earth about anything they ask, it will
be done for them by my Father in heaven."***

(Matthew 18:19)

DAY 1

Thank you for *FAMILY*

READ:

1 Timothy 5:8 KJV

“But if any provide not for his own, and especially for those of his own house, he hath denied the faith, and is worse than an infidel.”

Prayer Directives concerning *The Family*

1. God be the center
2. Destroy division within the Family
3. Physical, Spiritual and Emotional Healing
4. Open doors of Provision

REFLECT

DAY 2

Thank you for *FAVOR*

READ:

Genesis 39:21 KJV

[21] But the Lord was with Joseph, and shewed him mercy, and gave him favour in the sight of the keeper of the prison.

Prayer Directives for *Favor*

1. Pray to be increased to BE a Blessing
2. Pray for Favor with God and man
3. Dismantle every opposition against me and my Church
4. Pray for a spirit of Gratitude

REFLECT

DAY 3

Thank you for *FAITH*

READ:

1 John 5:4 KJV

[4] For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith.

Prayer Directives for *Faith to Believe What I Can't See*

1. Empower me to take the steps of faith, by acting on your promises, no matter, how hopeless, the situation may appear
2. Give Us the Wisdom to Recognize Every Plan, Plot, Treachery and Resistance from The Pit of Hell Working Against Our Faith Life Using Doubt and Fears.
3. As You allow my faith to increase daily, walk with me throughout life's journey. Show me the steps You want me to take. Push me in the right direction.
4. Pray for Faith to Believe what I don't see for me, my family, my Church

REFLECT

DAY 4

Thank you for *GOODNESS*

READ:

Exodus 33:19 KJV

[19] And he said, I will make all my goodness pass before thee, and I will proclaim the name of the Lord before thee; and will be gracious to whom I will be gracious, and will shew mercy on whom I will shew mercy.

Prayer Directives for *the Demonstration of the Character of God*

1. O that men would give thanks to the Lord for His goodness and for His wonderful works!
2. That the goodness of Christ be demonstrated in my life every day and modeled for the Kingdom of this world
3. Remember the Goodness's from God upon you and your family and say, Thank You!!

REFLECT

DAY 5

Thank you for your *GRACE*

READ:

Romans 4:16 KJV

[16] Therefore it is of faith, that it might be by grace; to the end the promise might be sure to all the seed; not to that only which is of the law, but to that also which is of the faith of Abraham; who is the father of us all,

Prayer Directives for *the Gratitude of Grace*

1. Thank God for the Grace of God that, preserves us and comforts, encourages, and strengthens us (2 Corinthians 13:14; 2 Thessalonians 2:16–17; 2 Timothy 2:1).
2. Thank God for the Grace of God that, is given to us to serve others and to exercise our spiritual gifts for the building up of the church (Romans 12:6; Ephesians 3:2, 7; 4:7; 1 Peter 4:10).
3. Thank God for the Grace of God that, is the reason behind our every deliverance (Psalm 44:3–8; Hebrews 4:16).
4. Thank God for the Grace of God that, justifies us before a holy God (Romans 3:24; Ephesians 1:6; Titus 3:7).

REFLECT

DAY 6

Thank you for *HEALING*

READ:

Jeremiah 17:14 KJV

[14] Heal me, O Lord, and I shall be healed; save me, and I shall be saved:
for thou art my praise.

Prayer Directives for *Thankfulness for Healing*

1. Thankful for the Healing of our Emotional, Mental, Physical and Spiritual man
2. Thankful for the breaking of generational curses
3. Thankful for the Healing of God upon our Land
4. Thankful for the Healing of God over our Spiritual Leaders and Our Churches

REFLECT

DAY 7

Thank you for *HOPE*

READ:

Romans 15:13 KJV

[13] Now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, through the power of the Holy Ghost.

Prayer Directives for *Restoration of Hope*

1. Whatever you have lost in life; marriage, relationships, family, believe God is able to restore all back to you.
2. Restore Hope; of the World, in God.
3. Pray to maintain hope and expectation that what I am praying for is already accomplished
4. Thank God for a Future and a Hope. Jeremiah 29:11

REFLECT

DAY 8

Thank you for *JESUS!*

READ:

Revelation 4:11 KJV

[11] Thou art worthy, O Lord, to receive glory and honour and power: for thou hast created all things, and for thy pleasure they are and were created.

Prayer Directives to, *Thank God for Jesus!*

1. Thank God for coming to earth through the womb of the Virgin Mary
2. Thank God for dwelling among us, bodily, Jesus Christ
3. Thank God for the Death, Burial, Resurrection, and Ascension of Jesus Christ for our salvation
4. Thank God for a prepared place for us that where He is we will be also after a life lived in Christ

REFLECT

DAY 9

Thank you for *JUSTIFICATION!*

READ:

Galatians 2:16 KJV

[16] Knowing that a man is not justified by the works of the law, but by the faith of Jesus Christ, even we have believed in Jesus Christ, that we might be justified by the faith of Christ, and not by the works of the law: for by the works of the law shall no flesh be justified.

Prayer Directives to, *Thank God for Justification*

1. Thank God for moving us from the state of sin (injustice) to the state of grace (justice), from a state of sin to a state of righteousness
2. Thank God that Jesus paid the price for my salvation and removed the penalty of sin for all who repent and believe.
3. Thank God for being accepted without the validation of another
4. Thank God that I have been declare, “NOT GUILTY”

REFLECT

DAY 10

Thank you for your *KINDNESS*

READ

Psalm 36:7 KJV

[7] How excellent is thy lovingkindness, O God! therefore the children of men put their trust under the shadow of thy wings.

Prayer Directives to, *Thank God for Kindness*

1. Thank God for a receiving His Kindness that helps me to be kind to others
2. Thank God for the random acts of kindness that I am in the path of
3. Thank God for not forgetting your labour of love and His reward in this present time. Ruth 2:12 AMP

May the LORD repay you for your kindness, and may your reward be full from the LORD, the God of Israel, under whose wings you have come to take refuge.”

REFLECT

DAY 11

Thank you for your *KNOWLEDGE*

READ:

Proverbs 2:6 KJV

[6] For the Lord giveth wisdom: out of his mouth cometh knowledge and understanding.

Prayer Directives to, Thank God for Knowledge

1. Thank God for your RIGHT mind
2. Thank God for His wisdom and guidance.
3. Thank God for Wisdom,
 - a. In our relationships.
 - b. In our Partnerships
 - c. In Ministry
 - d. In Church Logistics
 - e. In our finances.
 - f. In life's decisions.
 - g. In our marriages.
 - h. In our places of employment.
4. Thank God for Revealed Truth and a heart to share it with those who do not have knowledge of truth

REFLECT

DAY 12

Thank you for *LIFE*

READ

Psalm 91:16 KJV

[16] With long life will I satisfy him, and shew him my salvation.

Prayer Directives to, *Thank God for Life*

1. Thank God for the Gift of Life
2. Thank God for the Gift of Time
3. Thank God that your steps will inside of Life will be ordered by the Lord
4. Thank God for Divine Protection

REFLECT

DAY 13

Thank you for *LOVE*

READ

Ephesians 3:17-19 KJV

[17] That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love, [18] May be able to comprehend with all saints what is the breadth, and length, and depth, and height; [19] And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

Prayer Directives to, Thank God for His Love

1. Thank God for His unconditional Love
2. Thank God for His Abiding Love
3. Thank God for His Restorative Love
4. Thank God for His Love that has “Maturative” Properties
5. Thank God for His Love that doesn’t remember my transgressions

REFLECT

DAY 14

Thank you for *MERCY*

READ

Lamentations 3:22-23 KJV

[22] It is of the Lord's mercies that we are not consumed, because his compassions fail not. [23] They are new every morning: great is thy faithfulness.

Prayer Directives to, Thank God for His Mercy

1. Thank God for His Forgiveness
2. Thank God for the benefits of His Mercy;
 - a. Peace
 - b. Joy
3. Mercy was granted so I extend Mercy
4. Thank God for brand new mercies today!

REFLECT

DAY 15

Thank you for *OPPORTUNITY*

READ

Galatians 6:10 KJV

[10] As we have therefore opportunity, let us do good unto all men, especially unto them who are of the household of faith.

Prayer Directives to, Thank God for Opportunity

1. Thank God for the opportunity to serve and share His Word with others.
2. Thank God for the opportunity to hold position in high places as His Representative
3. Thank God for putting your name in high places to serve and be blessed
4. Thank God for open doors of opportunity for my Church

REFLECT

DAY 16

Thank you for your *PATIENCE*

READ

Micah 7:19 KJV

[19] He will turn again, he will have compassion upon us; he will subdue our iniquities; and thou wilt cast all their sins into the depths of the sea.

Prayer Directives to, *Thank God for His Patience*

1. Thank God that my waiting for Him is not in vain
2. Pray that God would keep you from fretting over evil people who seem to prosper, over the ones who carry out evil devices.
3. Pray that God's grace would prevent you from being quick in your spirit to become angry, for anger lodges in the heart of fools (Ecclesiastes 7:8-9).
4. Pray that God will increase your patience with the people in your life.

REFLECT

DAY 17

Thank you for your *POWER*

READ

Luke 10:19 KJV

[19] Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you.

Prayer Directives to, *Thank God for His Power*

1. Pray that you be FILLED with His Spirit and Power
2. Pray for God to search you and remove from you everything that will hinder His power from flowing through you to be effective in the Kingdom of God
3. Pray for the Power of God to flow in your Church that will affect and effect permanent change in lives of people
4. Pray for discernment to recognize the Power of God

REFLECT

DAY 18

Thank you for *REST*

READ

Psalm 62:1 KJV

[1] Truly my soul waiteth upon God: from him cometh my salvation.

Prayer Directives to, *Thank God for His Rest*

1. Pray for reclaiming of time in order to live your lives from a place of rest. Jesus, whose ministry was compacted into a very short three years, stole away from time to time to rest and pray (Luke 5:16).
2. Pray for God to, help you to rest in Him. To remember He is Sovereign and in control of everything. And even when things get difficult, He is bigger than any problem you could possibly have.
3. Pray for God to, help you to be still and know that He is God as His Word declares in Psalm 46:10.
4. Welcome His Presence in your space, HIS PRESENCE GUARANTEES REST Exodus 33:13-15, Now therefore, if I have found favor in your sight, please show me now your ways, that I may know you in order to find favor in your sight. Consider too that this nation is your people) And he said, “My presence will go with you, and I will give you rest 15) And he said to him, “If your presence will not go with me, do not bring us up from here.

REFLECT

DAY 19

Thank you for *REVIVAL*

READ

Psalm 85:6 KJV

[6] Wilt thou not revive us again: that thy people may rejoice in thee?

Prayer Directives to, *Thank God for Revival*

1. Pray for personal and corporate repentance
2. Pray for Souls
3. Pray for Laborers in the vineyard
4. Pray for Open doors: Paul wrote the Colossians, “Devote yourselves to prayer, being watchful and thankful. And pray for us, too, that God may open a door for our message, so that we may proclaim the mystery of Christ (Colossians 4:2-3).
5. Pray for the setting of Captives Free, opening of sight to the blind
6. Pray for Understanding of the Gospel Message.
7. Pray for Conviction
8. Pray for hearts of stone to become hearts of flesh
9. Pray against strongholds
10. Pray for the sound of Heaven in the earth

REFLECT

DAY 20

Thank you for *SALVATION*

READ

Titus 3:5 KJV

[5] Not by works of righteousness which we have done, but according to his mercy he saved us, by the washing of regeneration, and renewing of the Holy Ghost;

Prayer Directives to, *Thank God for Salvation*

1. Pray every stronghold of the enemy barricading the mind of every unsaved soul across our harvest field from receiving the Lord be pulled down
2. Pray that all hindrances coming between the heart of every unsaved soul across our harvest field and the gospel be melted away by the fire of the Holy Spirit
3. Pray and build a hedge of thorns around sinners in the harvest field so that they turn to the Lord.
4. Pray against the powers of darkness blinding and holding every unsaved soul across our harvest field back from receiving the gospel, in the name of Jesus.
5. Pray for multitudes of souls into the Kingdom of God in the name of Jesus.
6. Thank God for giving us victory in the harvest field in Jesus' name.

REFLECT

DAY 21

Thank you for the *VICTORY!*

READ

1 Corinthians 15:57 KJV

[57] But thanks be to God, which giveth us the victory through our Lord Jesus Christ.

Prayer Directives to, *Thank God for Victory*

1. Thank God for Victory in our *Day*
2. Thank God for Victory in our *homes*
3. Thank God for Victory in our *relationships*
4. Thank God for victory in our *endeavors*
5. Thank God for Victory OVER *Sin*:
 - a. Over Depression
 - b. Over Anxiety
 - c. Over Fear
 - d. Over Oppression
 - e. Over Anger
 - f. Over Offense
 - g. Over Jealousy
 - h. Over Hatred
 - i. Over _____

REFLECT
